

Suggested Packing List

Remember! Pack light, pack right. You are allowed one suitcase. You can buy what you need in Europe!

- Shirts/blouses.** Up to five short or long-sleeved shirts, cotton/polyester blend best.
- Sweater or lightweight fleece.** Dark colors best.
- Pants.** Two pairs.
- One dress or skirt.** Optional w/sandals or shoes to wear with it.
- Shorts or swimsuit.** Just in case. Or not.
- Underwear and socks.** Five sets, two bras for women. Lighter or cotton/poly blend dry faster.
- Pajamas or nightgown.**
- One pair shoes.** Broken-in, sturdy, for walking.
- Jacket.** Medium weight. Waterproof good.
- Tie or scarf.**
- Money belt.** Important. Waist belt or ones that hangs around your neck.
- Money.** Mix of credit card, debit card and some cash. ATM card with pin number for backup.
- Documents and photocopies.** Passport, plane ticket or printout. Make photocopies of your passport, cards, i.d./driver's license, names and contacts of hotels. Carry one copy in your money belt and one copy in your suitcase.
- Small daypack or tote.**
- Electronics.** Camera, phone or smartphone with sim card for Europe, iPad or notebook, MP/3playerextra batteries, euro-adaptor for chargers and electronics.
- Wristwatch or travel alarm clock.**
- Earplugs.** *If you snore, please bring snore strips!*
- Toiletries kit.** A hanging one is best. Pack all squeeze bottles in sealable plastic baggies. All liquids and gels must be in 3.0-ounce or smaller containers.
- Medicine and vitamins.** Keep medicine in original containers.
- Eyeglasses, contact lenses and prescriptions.** ,
- Sealable plastic baggies.** Various sizes.
- Soap.** Not all hotels provide soap.
- Clothesline.** For drying washables. A piece of elastic works well.
- Address list.** For postcards and emails.
- Small notepad and pen.**
- Weather gear.** Silk longjohns, lightweight slippers, hat, gloves.

Optional:

- Small packet of tissues.**
- Inflatatable pillow.**
- Hair dryer.**
- Tiny lock.**
- Adapters.** Europe's electrical outlets are different than ours.
- Paperback book or Kindle/iPad.**

Packing suggestions:

- If you won't wear it more than three times, don't bring it! (Exception is something for galas!)
- Pack light and wash frequently, buy it if you need it.
- Limit yourself to one carry-on size bag" 9" x 21" x 13"
- A week before your trip, pack your bag with everything you want to take and carry it around. If it's too heavy, repack. You will have to carry your own bag, and may have to walk some distance with it.